

# HAVE YOU TESTED LATELY?



**KNOW YOUR PATIENT'S  
HIV STATUS.**

MB HIV PROGRAM REFERRAL LINE: 204-940-6089 or 1-866-449-0165

# THE MANITOBA HIV PROGRAM ENCOURAGES ROUTINE HIV TESTING IN ALL HEALTH CARE SETTINGS

THE MB HIV PROGRAM ENDORSES THE 2014 RECOMMENDATIONS IN THE HIV TESTING GUIDELINES FOR THE PROVINCE OF BRITISH COLUMBIA

We recommend that health care providers know the HIV status of all patients under their care.

Specifically, we recommend that providers offer an HIV test:

- Routinely, every five years, to all patients aged 18-70 years
- Routinely, every year, to all patients aged 18-70 years who belong to populations with a higher burden of HIV infection<sup>1</sup>
- Once for patients older than 70 years of age, if HIV status is not known

<sup>1</sup>Populations that experience a higher burden of HIV infection may change over time. In 2014, populations in Manitoba experiencing a higher burden of HIV include: Men who have sex with men, People who inject drugs, People having unprotected sex with multiple partners, People from endemic countries (in 2014, this includes the Caribbean and countries in sub-Saharan Africa) and Aboriginal people. All populations experiencing a higher burden of HIV are diverse and may see a range of HIV prevalence. Recommendations on testing frequency may be individualized and may be subject to change.

**AND** offer an HIV test to patients (including adults 18-70, youth and the elderly) whenever:

- Ordering diagnostic blood work for a new or worsening medical condition
- They present with symptoms of HIV infection or advanced HIV disease
- They or their providers identify a risk for HIV acquisition
- They request an HIV test
- They are pregnant
- Testing for or diagnosing a sexually transmitted infection (STI), hepatitis C, hepatitis B or tuberculosis

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Full guidelines available at: <http://bit.ly/BCHIVGuide>