

Phone Nine Circles the day before your food bank date to schedule a pick up.

If you miss your food bank call Nine Circles at **204-940-6043**  
or call Harvest Manitoba at 204-982-3660

Currently members can access food bank once **every four weeks**.  
\*This is subject to change.



**A-K Members food bank in yellow**

**L-Z Members food bank in pink**

# 2021

Su	M	T	W	Th	F	Sa
no food bank July 1						
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
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# 2022

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Su	M	T	W	Th	F	Sa	
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