

## Community Workshops

Nine Circles educational workshops provide an opportunity for general adult audiences or local community groups to talk about preventing STBBIs (sexually transmitted and blood-borne infections) with a trained health educator. To arrange a client workshop, contact a Nine Circles Health Educator at 204-940-6000.

With experience working in the community, we offer 90-minute presentations that are:

- client-centered to increase openness and knowledge around STBBI prevention
- sex positive and harm reduction based
- community-friendly and interactive

We may also be able to tailor a workshop to meet the needs of your community. We can accommodate groups of 5 to 20.



## **Everyday Sexual Health workshop**

Discuss how to avoid/lessen the chance of passing infections during different kinds of sex. Find out how to make sex safer.

Basic safer drug use practices.

Get information about routine testing.

## **HIV 101 workshop**

Get up to date national and local HIV trends. Learn about HIV testing and treatment. Discuss simple tips to protect yourself, as well as your community. Address HIV related stigma.

## Harm Reduction 101 workshop

Discuss the basics of harm reduction practices Find out how to make sex and substance use safer Learn how to identify and respond to opioid overdose

Hands on Naloxone administration training

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