

# COMMUNITY WORKSHOPS



To arrange a client workshop, call 204 940 6056 or 204 940 6090

Nine Circles workshops provide an opportunity for general adult audiences or local community groups to explore preventing STBBIs (sexually transmitted /bloodborne infections) with a trained health educator. We can accommodate groups of 5 to 20 people.

With experience working in the community, we offer 90-minute presentations that are:

- client-centred to increase openness and knowledge around STBBI prevention
- sex-positive and harm reduction based
- community-friendly and interactive

We may also be able to tailor a workshop to meet the needs of your community.

## Everyday Sexual Health

- Discuss the potential risks associated with different kinds of sex
- Find out how to make sex safer
- Learn about safer drug use practices
- Get information about routine testing

## HIV 101

- Get up to date national and local trends
- Learn about HIV testing and treatment
- Discuss simple tips to protect yourself and your community
- Address HIV related stigma



We offer **free HIV self-tests** after workshops for participants to take with them!

